ENROLL IN COURSES TO ENHANCE YOUR STUDY ABROAD EXPERIENCE:

Learn essentials before you go
INS 150 Preparing for Cross-Cultural Engagement Abroad

Explore your host culture
INS 151 Cross-Cultural Engagement Abroad

Process and reflect on your experience abroad
INS 152 Cross-Cultural Engagement and Re-entry

Studying abroad, you will want to be more than a tourist. You will want to actively participate in the culture that surrounds you, get to know the locals, make friends. Wake Forest offers three Cross-Cultural Engagement (CCE) courses designed to enhance your experience abroad and help you effectively interact with people from other countries.

Look around you – culture is everywhere. How you handle it can make a big impact on the quality of your experience abroad.

Immersing yourself in a foreign environment isn’t simple. The CCE courses offer guided exploration of culture to help your adjustment and build intercultural skills. Research has shown that students with greater intercultural skills report more satisfaction with their study abroad experience.¹

In the CCE courses, you will also get the benefit of sharing and learning with classmates studying in a wide variety of countries.

Go beyond tourism and learn skills for living in an increasingly globalized world.

INS 150
Preparing for Cross-Cultural Engagement Abroad

INS 150 helps you become more familiar with your host country and prepares you to have a richer and more successful experience in a foreign culture.

You will investigate your host country through current events, arts and pop culture, language, history, fun facts, cuisine, and more. You will also start building your awareness of the ways culture affects interactions between people, and you will learn about handling transitions into a new environment. Includes interactive and experiential learning activities in addition to classroom discussion.

1 credit, half-semester; take the semester prior to study abroad

“The CCE courses allowed me to learn about cultural norms in Spain before I went, reflect on my experiences while abroad, and learn how to communicate my experiences, both positive and negative, once I returned.”
Cross-Cultural Engagement Abroad

Once you are in country, it’s time to explore. Through a combination of interactive assignments and written reflections, INS 151 helps you become more immersed in your host culture and make sense of your experience.

In this course you will build your intercultural skills by exploring your host environment more deeply through interviews, observations, and social activities outside the classroom. In addition, hear about the experience of other students abroad by participating in an online forum. Flexible due dates for assignments help you fit the course into your abroad schedule.

Cross-Cultural Engagement & Re-entry

Your experience abroad doesn’t end with the flight home. Returning can be wonderful, but also poses its own challenges. INS 152 allows you to more fully reflect on your time abroad and deepen your understanding of culture. The course provides a forum where you can share your stories as well as hear from others. In addition, in INS 152 you will learn how to leverage your international experience for job interviews, resume building, and future opportunities.

1 credit, half-semester; take the first half of the semester after study abroad.
“INS 152 was a great course to take coming back from abroad because it provided time to talk about your experiences and how you can relate them to the college and working world. It was so helpful for me to learn how to add my abroad experience to my resume and make it appeal to potential employers.”

“The Cross Cultural Engagement program gave me the ability to step out of my comfort zone and live like a local while I was abroad.”

LEARN MORE
Want to learn more, view sample course syllabi and see what students have said?

Visit Cross Cultural Engagement at http://global.wfu.edu/ or contact Dr. Michelle Klosterman at kloste/ml@wfu.edu

3 COURSE OPTIONS
Take any or all courses
1 CREDIT PER COURSE